

lunch



salads AND sandwiches

Free Range Chicken & Baby Rocket €13.50 ^C
Parmesan, toasted almonds, sesame seeds, tomato, dried cranberries

Superfood salad €12.95 (Add Chicken €4.50) ^C
Grilled Halloumi, pickled & roasted beets, quinoa, pine nuts, asparagus & rocket

Marinated Prawns with Chilly, Lime & Garlic €13.95 ^C
Aioli, wine tomato, fennel, cucumber & ruby grapefruit

4oz Striploin Steak Sandwich €12.50 ^{CA}
Sautéed mushroom & onion, homemade smoked ketchup, fries

Ham & Cheese Sandwich €10.50 ^{CA}
Applewood smoked creamy Cheddar, home baked Ham, red onion confit & fries

€10 Special
Please ask your server for today's Special

Soup of the Day €6.95 ^{CA}
Homemade Soup with our Guinness bread

Smoked Irish Salmon €10.95 ^{CA}
Herb cream cheese with crab meat, apple, avocado, ruby grapefruit, fennel, cucumber, potato bread

Chicken & Duck Liver Parfait €8.50 ^{CA}
Cranberry & Port sauce, sour dough toast

Pan Fried Monk Fish €10.95 ^{CA}
Boudin noir, red pepper coulis, candied hazelnuts & crispy pancetta

Wild Mushroom & Barley Risotto €8.50
Parmesan, spring onion, pine nuts & truffle oil

Pan Fried Fillet of Mackerel €8.50 ^C
Asparagus, fennel, warm baby potato & fresh herbs salad

Goats Cheese Bruleé €9.50 ^{CA}
Raspberry coulis, trio of beetroots & sour dough toast

Goose Croquette €8.95
Apple & celeriac remoulade

starters



2 COURSE LUNCH

€21.95

3 COURSE LUNCH

€25.95

You may change one of the courses for glass of our house wine.

10% OFF TAKEAWAY

Prebook or order lunch & get 10% off menu price

FREE BLACK COFFEE WITH LUNCH



VEGETARIAN MENU AVAILABLE
Please ask your server

bookings:

(01) 667 4446

info@girlandthegooserestaurant.ie

^C Coeliac Friendly Option. ^{CA} Coeliac Adaptable Option.
ALLERGY ADVICE: Before placing your order please inform your waiter if you or a person in your party has a food allergy. Menu with allergens available on request.
Due to time constraints during busy periods of service, 1 bill will be issued per table of 4 & more.

mains

Fillet of Wild Atlantic Hake €18.50 ^{CA}
Homemade pumpkin & basil gnocchi, shrimps, broccoli & asparagus

12h slow cooked Pork Belly €17.95 ^C
Apple & vanilla puree, braised cabbage, rosemary & red wine jus, fondant potato

Stuffed Irish Organic Salmon Darne €20.50 ^C
Parsley stuffing, courgette, fennel, sauce Vierge & chive mash

Black Angus 8 OZ Fillet Steak or 10 OZ Striploin €27.95 ^C
(Available on the Stone)
Sautéed mushroom, onion, watercress & walnuts, butter Cafe de Paris or pepper sauce, smoky chunky chips
(supplement with 2/3 Course menu €10.00)

Braised Irish Beef & Guinness Pie €16.50
Slow cooked in Guinness, buttered puff pastry, stuffed potato with broccoli & cheese

Stuffed Organic Chicken Supreme €18.95 ^C
Red Pepper & Bellota Chorizo Stuffing, Baby Carrots, Asparagus, Tarragon Cream & Potato Fondant

Slow Cooked Lamb Shank €21.50 ^{CA}
Carrot, pea, celeriac, lardons, rich gravy, homemade potato & smoked bacon strudel

Homemade Steak Burger €16.50 ^{CA}
with sweet & sour peppers, portobello mushroom, applewood smoked cheddar, pancetta, smoked ketchup & fries

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